

Prueba 3  
07/12/2025

Fem., 3000m Libre

16 - 98 años  
Resultados

Clasificación

AN

Tiempo

JUNIOR 1

1.	PULIDO SOSA, Valeria				10	C.N. Las Palmas				39:37.51	19,00	
	50m:	35.34	35.34	800m:	10:19.84	39.94	1550m:	20:24.05	39.82	2300m:	30:25.13	40.20
	100m:	1:12.30	36.96	850m:	10:59.77	39.93	1600m:	21:03.84	39.79	2350m:	31:05.15	40.02
	150m:	1:50.37	38.07	900m:	11:39.94	40.17	1650m:	21:44.29	40.45	2400m:	31:44.75	39.60
	200m:	2:28.97	38.60	950m:	12:20.05	40.11	1700m:	22:24.21	39.92	2450m:	32:24.32	39.57
	250m:	3:07.67	38.70	1000m:	13:00.25	40.20	1750m:	23:04.17	39.96	2500m:	33:04.35	40.03
	300m:	3:46.65	38.98	1050m:	13:40.88	40.63	1800m:	23:44.77	40.60	2550m:	33:44.34	39.99
	350m:	4:25.25	38.60	1100m:	14:21.14	40.26	1850m:	24:24.40	39.63	2600m:	34:24.40	40.06
	400m:	5:04.68	39.43	1150m:	15:02.12	40.98	1900m:	25:04.50	40.10	2650m:	35:04.12	39.72
	450m:	5:44.23	39.55	1200m:	15:42.83	40.71	1950m:	25:44.19	39.69	2700m:	35:44.14	40.02
	500m:	6:23.30	39.07	1250m:	16:23.12	40.29	2000m:	26:24.28	40.09	2750m:	36:23.72	39.58
	550m:	7:02.58	39.28	1300m:	17:03.78	40.66	2050m:	27:04.85	40.57	2800m:	37:03.28	39.56
	600m:	7:41.44	38.86	1350m:	17:44.54	40.76	2100m:	27:44.89	40.04	2850m:	37:42.72	39.44
	650m:	8:21.33	39.89	1400m:	18:24.93	40.39	2150m:	28:25.03	40.14	2900m:	38:22.20	39.48
	700m:	9:00.77	39.44	1450m:	19:04.73	39.80	2200m:	29:04.98	39.95	2950m:	39:00.72	38.52
	750m:	9:39.90	39.13	1500m:	19:44.23	39.50	2250m:	29:44.93	39.95	3000m:	39:37.51	36.79
2.	MEDINA HERNANDEZ, Jade				10	C.N. Las Palmas				39:38.66	16,00	
	50m:	37.29	37.29	800m:	10:29.98	40.35	1550m:	20:26.54	38.88	2300m:	30:25.04	40.41
	100m:	1:15.17	37.88	850m:	11:10.15	40.17	1600m:	21:05.88	39.34	2350m:	31:04.44	39.40
	150m:	1:53.71	38.54	900m:	11:50.60	40.45	1650m:	21:45.85	39.97	2400m:	31:44.41	39.97
	200m:	2:32.43	38.72	950m:	12:29.90	39.30	1700m:	22:25.90	40.05	2450m:	32:23.96	39.55
	250m:	3:11.35	38.92	1000m:	13:09.03	39.13	1750m:	23:05.46	39.56	2500m:	33:04.17	40.21
	300m:	3:50.89	39.54	1050m:	13:48.14	39.11	1800m:	23:45.53	40.07	2550m:	33:44.13	39.96
	350m:	4:30.51	39.62	1100m:	14:27.99	39.85	1850m:	24:25.94	40.41	2600m:	34:23.26	39.13
	400m:	5:10.24	39.73	1150m:	15:07.72	39.73	1900m:	25:05.57	39.63	2650m:	35:02.85	39.59
	450m:	5:50.31	40.07	1200m:	15:47.58	39.86	1950m:	25:45.52	39.95	2700m:	35:43.28	40.43
	500m:	6:30.06	39.75	1250m:	16:27.78	40.20	2000m:	26:25.76	40.24	2750m:	36:23.26	39.98
	550m:	7:09.72	39.66	1300m:	17:08.11	40.33	2050m:	27:05.95	40.19	2800m:	37:02.98	39.72
	600m:	7:50.00	40.28	1350m:	17:47.90	39.79	2100m:	27:45.62	39.67	2850m:	37:42.25	39.27
	650m:	8:29.79	39.79	1400m:	18:27.78	39.88	2150m:	28:25.76	40.14	2900m:	38:22.01	39.76
	700m:	9:09.95	40.16	1450m:	19:07.81	40.03	2200m:	29:05.04	39.28	2950m:	39:01.71	39.70
	750m:	9:49.63	39.68	1500m:	19:47.66	39.85	2250m:	29:44.63	39.59	3000m:	39:38.66	36.95
3.	SUAREZ MACIAS, Gabriela				09	C.N. Aguacan				40:06.09	14,00	
	50m:	37.44	37.44	800m:	10:30.19	40.50	1550m:	20:35.25	40.52	2300m:	30:43.04	39.46
	100m:	1:15.42	37.98	850m:	11:10.56	40.37	1600m:	21:15.76	40.51	2350m:	31:22.57	39.53
	150m:	1:53.67	38.25	900m:	11:50.94	40.38	1650m:	21:56.67	40.91	2400m:	32:02.42	39.85
	200m:	2:32.27	38.60	950m:	12:30.79	39.85	1700m:	22:38.08	41.41	2450m:	32:42.67	40.25
	250m:	3:11.19	38.92	1000m:	13:10.63	39.84	1750m:	23:18.84	40.76	2500m:	33:23.07	40.40
	300m:	3:50.83	39.64	1050m:	13:51.18	40.55	1800m:	24:00.03	41.19	2550m:	34:04.16	41.09
	350m:	4:30.62	39.79	1100m:	14:31.57	40.39	1850m:	24:41.19	41.16	2600m:	34:44.64	40.48
	400m:	5:10.43	39.81	1150m:	15:12.03	40.46	1900m:	25:22.23	41.04	2650m:	35:24.86	40.22
	450m:	5:50.28	39.85	1200m:	15:52.45	40.42	1950m:	26:03.29	41.06	2700m:	36:05.65	40.79
	500m:	6:30.04	39.76	1250m:	16:32.90	40.45	2000m:	26:44.25	40.96	2750m:	36:46.41	40.76
	550m:	7:10.02	39.98	1300m:	17:12.63	39.73	2050m:	27:25.79	41.54	2800m:	37:26.85	40.44
	600m:	7:50.00	39.98	1350m:	17:53.20	40.57	2100m:	28:05.99	40.20	2850m:	38:07.37	40.52
	650m:	8:29.73	39.73	1400m:	18:33.37	40.17	2150m:	28:45.48	39.49	2900m:	38:48.00	40.63
	700m:	9:09.71	39.98	1450m:	19:13.97	40.60	2200m:	29:24.65	39.17	2950m:	39:27.76	39.76
	750m:	9:49.69	39.98	1500m:	19:54.73	40.76	2250m:	30:03.58	38.93	3000m:	40:06.09	38.33

Prueba 3, Fem., 3000m Libre, JUNIOR 1

Clasificación

AN

Tiempo

4. PEREZ LOPEZ, Naira	09	C.D.N. Nadamas Santa Rosa	<b>40:24.71</b>	13,00
50m: 37.60 37.60	800m: 10:30.18 40.42	1550m: 20:35.16 40.20	2300m: 30:46.68 40.32	
100m: 1:15.47 37.87	850m: 11:10.51 40.33	1600m: 21:15.74 40.58	2350m: 31:27.38 40.70	
150m: 1:54.00 38.53	900m: 11:50.92 40.41	1650m: 21:56.72 40.98	2400m: 32:08.77 41.39	
200m: 2:32.65 38.65	950m: 12:31.06 40.14	1700m: 22:37.96 41.24	2450m: 32:50.10 41.33	
250m: 3:11.40 38.75	1000m: 13:10.85 39.79	1750m: 23:18.94 40.98	2500m: 33:31.24 41.14	
300m: 3:50.92 39.52	1050m: 13:51.16 40.31	1800m: 23:59.96 41.02	2550m: 34:12.58 41.34	
350m: 4:30.62 39.70	1100m: 14:31.57 40.41	1850m: 24:41.06 41.10	2600m: 34:54.07 41.49	
400m: 5:10.39 39.77	1150m: 15:11.97 40.40	1900m: 25:22.18 41.12	2650m: 35:35.98 41.91	
450m: 5:50.13 39.74	1200m: 15:52.35 40.38	1950m: 26:03.35 41.17	2700m: 36:17.61 41.63	
500m: 6:29.99 39.86	1250m: 16:32.82 40.47	2000m: 26:44.27 40.92	2750m: 36:59.32 41.71	
550m: 7:09.81 39.82	1300m: 17:12.80 39.98	2050m: 27:25.74 41.47	2800m: 37:41.07 41.75	
600m: 7:49.86 40.05	1350m: 17:53.24 40.44	2100m: 28:06.68 40.94	2850m: 38:22.73 41.66	
650m: 8:29.76 39.90	1400m: 18:33.64 40.40	2150m: 28:46.14 39.46	2900m: 39:04.14 41.41	
700m: 9:09.80 40.04	1450m: 19:14.19 40.55	2200m: 29:26.00 39.86	2950m: 39:44.74 40.60	
750m: 9:49.76 39.96	1500m: 19:54.96 40.77	2250m: 30:06.36 40.36	3000m: 40:24.71 39.97	
5. ROMERO LOPEZ, Leire	10	C.N. Reales	<b>42:56.50</b>	12,00
50m: 36.88 36.88	800m: 11:04.94 43.20	1550m: 21:54.66 43.08	2300m: 32:47.61 43.64	
100m: 1:16.03 39.15	850m: 11:47.62 42.68	1600m: 22:38.09 43.43	2350m: 33:32.29 44.68	
150m: 1:56.78 40.75	900m: 12:30.49 42.87	1650m: 23:21.68 43.59	2400m: 34:16.76 44.47	
200m: 2:37.79 41.01	950m: 13:13.71 43.22	1700m: 24:03.34 41.66	2450m: 35:00.44 43.68	
250m: 3:19.56 41.77	1000m: 13:57.34 43.63	1750m: 24:47.18 43.84	2500m: 35:44.30 43.86	
300m: 4:00.96 41.40	1050m: 14:41.16 43.82	1800m: 25:30.44 43.26	2550m: 36:28.54 44.24	
350m: 4:43.36 42.40	1100m: 15:23.67 42.51	1850m: 26:13.45 43.01	2600m: 37:12.10 43.56	
400m: 5:25.63 42.27	1150m: 16:07.16 43.49	1900m: 26:57.82 44.37	2650m: 37:55.76 43.66	
450m: 6:07.62 41.99	1200m: 16:50.75 43.59	1950m: 27:40.67 42.85	2700m: 38:40.63 44.87	
500m: 6:49.75 42.13	1250m: 17:33.30 42.55	2000m: 28:24.35 43.68	2750m: 39:24.24 43.61	
550m: 7:32.27 42.52	1300m: 18:17.41 44.11	2050m: 29:08.48 44.13	2800m: 40:06.88 42.64	
600m: 8:13.83 41.56	1350m: 19:01.00 43.59	2100m: 29:52.35 43.87	2850m: 40:50.00 43.12	
650m: 8:56.12 42.29	1400m: 19:44.37 43.37	2150m: 30:36.32 43.97	2900m: 41:32.65 42.65	
700m: 9:39.03 42.91	1450m: 20:27.82 43.45	2200m: 31:20.62 44.30	2950m: 42:15.14 42.49	
750m: 10:21.74 42.71	1500m: 21:11.58 43.76	2250m: 32:03.97 43.35	3000m: 42:56.50 41.36	

JUNIOR 2

1. JAEN SERRA, Naira	08	C.D.N. Nadamas Santa Rosa	<b>35:27.31</b>	19,00
50m: 33.51 33.51	800m: 9:12.99 34.93	1550m: 18:06.40 35.73	2300m: 27:06.68 36.05	
100m: 1:07.02 33.51	850m: 9:48.05 35.06	1600m: 18:41.83 35.43	2350m: 27:42.83 36.15	
150m: 1:41.12 34.10	900m: 10:23.05 35.00	1650m: 19:17.52 35.69	2400m: 28:18.60 35.77	
200m: 2:15.58 34.46	950m: 10:58.44 35.39	1700m: 19:52.99 35.47	2450m: 28:55.06 36.46	
250m: 2:50.09 34.51	1000m: 11:34.29 35.85	1750m: 20:29.07 36.08	2500m: 29:31.69 36.63	
300m: 3:24.78 34.69	1050m: 12:09.38 35.09	1800m: 21:04.76 35.69	2550m: 30:08.02 36.33	
350m: 3:59.32 34.54	1100m: 12:44.89 35.51	1850m: 21:41.11 36.35	2600m: 30:43.79 35.77	
400m: 4:34.10 34.78	1150m: 13:20.53 35.64	1900m: 22:17.29 36.18	2650m: 31:19.54 35.75	
450m: 5:08.55 34.45	1200m: 13:56.42 35.89	1950m: 22:53.88 36.59	2700m: 31:55.71 36.17	
500m: 5:43.14 34.59	1250m: 14:32.07 35.65	2000m: 23:30.38 36.50	2750m: 32:31.02 35.31	
550m: 6:17.98 34.84	1300m: 15:07.52 35.45	2050m: 24:05.99 35.61	2800m: 33:07.12 36.10	
600m: 6:52.82 34.84	1350m: 15:43.04 35.52	2100m: 24:42.17 36.18	2850m: 33:42.40 35.28	
650m: 7:27.84 35.02	1400m: 16:19.19 36.15	2150m: 25:18.66 36.49	2900m: 34:18.06 35.66	
700m: 8:02.99 35.15	1450m: 16:54.98 35.79	2200m: 25:54.38 35.72	2950m: 34:53.14 35.08	
750m: 8:38.06 35.07	1500m: 17:30.67 35.69	2250m: 26:30.63 36.25	3000m: 35:27.31 34.17	

Prueba 3, Fem., 3000m Libre, JUNIOR 2

Clasificación

AN

Tiempo

2.	MEJIAS INGLOTT, Valeria			08	C.N. Las Palmas				<b>37:44.82</b>	16,00		
	50m:	36.39	36.39	800m:	9:53.61	37.48	1550m:	19:26.91	38.69	2300m:	29:00.70	38.13
	100m:	1:12.32	35.93	850m:	10:31.53	37.92	1600m:	20:05.70	38.79	2350m:	29:38.57	37.87
	150m:	1:49.07	36.75	900m:	11:09.31	37.78	1650m:	20:44.13	38.43	2400m:	30:16.59	38.02
	200m:	2:25.98	36.91	950m:	11:47.08	37.77	1700m:	21:22.37	38.24	2450m:	30:54.38	37.79
	250m:	3:02.93	36.95	1000m:	12:25.03	37.95	1750m:	22:00.99	38.62	2500m:	31:32.21	37.83
	300m:	3:39.94	37.01	1050m:	13:03.12	38.09	1800m:	22:39.32	38.33	2550m:	32:09.94	37.73
	350m:	4:16.84	36.90	1100m:	13:41.35	38.23	1850m:	23:17.84	38.52	2600m:	32:47.38	37.44
	400m:	4:53.67	36.83	1150m:	14:19.68	38.33	1900m:	23:56.04	38.20	2650m:	33:24.70	37.32
	450m:	5:30.92	37.25	1200m:	14:57.89	38.21	1950m:	24:34.12	38.08	2700m:	34:02.06	37.36
	500m:	6:08.30	37.38	1250m:	15:36.40	38.51	2000m:	25:11.89	37.77	2750m:	34:39.69	37.63
	550m:	6:45.72	37.42	1300m:	16:14.38	37.98	2050m:	25:49.73	37.84	2800m:	35:16.91	37.22
	600m:	7:23.45	37.73	1350m:	16:52.68	38.30	2100m:	26:27.77	38.04	2850m:	35:53.93	37.02
	650m:	8:00.93	37.48	1400m:	17:31.01	38.33	2150m:	27:05.95	38.18	2900m:	36:31.08	37.15
	700m:	8:38.45	37.52	1450m:	18:09.51	38.50	2200m:	27:44.60	38.65	2950m:	37:08.64	37.56
	750m:	9:16.13	37.68	1500m:	18:48.22	38.71	2250m:	28:22.57	37.97	3000m:	37:44.82	36.18
3.	RUIZ REYES, Raquel			07	C.N. Las Palmas				<b>38:58.89</b>	14,00		
	50m:	36.09	36.09	800m:	10:09.16	38.75	1550m:	19:53.49	39.48	2300m:	29:45.34	39.85
	100m:	1:12.52	36.43	850m:	10:48.59	39.43	1600m:	20:32.98	39.49	2350m:	30:24.76	39.42
	150m:	1:49.76	37.24	900m:	11:26.97	38.38	1650m:	21:12.44	39.46	2400m:	31:04.12	39.36
	200m:	2:27.52	37.76	950m:	12:05.70	38.73	1700m:	21:52.45	40.01	2450m:	31:43.72	39.60
	250m:	3:05.58	38.06	1000m:	12:44.26	38.56	1750m:	22:32.12	39.67	2500m:	32:22.88	39.16
	300m:	3:43.96	38.38	1050m:	13:23.12	38.86	1800m:	23:10.90	38.78	2550m:	33:02.44	39.56
	350m:	4:22.12	38.16	1100m:	14:01.98	38.86	1850m:	23:50.40	39.50	2600m:	33:42.25	39.81
	400m:	5:00.33	38.21	1150m:	14:40.46	38.48	1900m:	24:29.86	39.46	2650m:	34:21.97	39.72
	450m:	5:38.72	38.39	1200m:	15:19.09	38.63	1950m:	25:09.60	39.74	2700m:	35:01.97	40.00
	500m:	6:17.19	38.47	1250m:	15:58.18	39.09	2000m:	25:48.37	38.77	2750m:	35:41.94	39.97
	550m:	6:55.65	38.46	1300m:	16:37.43	39.25	2050m:	26:28.00	39.63	2800m:	36:21.58	39.64
	600m:	7:34.14	38.49	1350m:	17:16.57	39.14	2100m:	27:07.60	39.60	2850m:	37:01.57	39.99
	650m:	8:13.12	38.98	1400m:	17:55.75	39.18	2150m:	27:47.00	39.40	2900m:	37:40.83	39.26
	700m:	8:51.83	38.71	1450m:	18:35.14	39.39	2200m:	28:26.29	39.29	2950m:	38:20.28	39.45
	750m:	9:30.41	38.58	1500m:	19:14.01	38.87	2250m:	29:05.49	39.20	3000m:	38:58.89	38.61
4.	SASU BODARNEA, Natalia Emilia			08	C.D.N. Nadamas Santa Rosa				<b>40:07.72</b>	13,00		
	50m:	35.67	35.67	800m:	10:19.45	39.90	1550m:			2300m:	30:40.65	
	100m:	1:12.55	36.88	850m:	10:59.62	40.17	1600m:	21:06.72		2350m:		
	150m:	1:50.34	37.79	900m:	11:40.25	40.63	1650m:			2400m:	32:01.88	
	200m:	2:28.86	38.52	950m:	12:20.43	40.18	1700m:	22:27.09		2450m:	32:42.62	40.74
	250m:	3:07.53	38.67	1000m:	13:00.40	39.97	1750m:			2500m:	33:22.90	40.28
	300m:	3:45.96	38.43	1050m:	13:41.07	40.67	1800m:	23:48.92		2550m:	34:03.70	40.80
	350m:	4:24.41	38.45	1100m:	14:21.61	40.54	1850m:			2600m:	34:45.51	41.81
	400m:	5:02.46	38.05	1150m:	15:02.28	40.67	1900m:	25:11.65		2650m:	35:26.17	40.66
	450m:	5:41.92	39.46	1200m:	15:43.15	40.87	1950m:			2700m:	36:07.17	41.00
	500m:	6:21.29	39.37	1250m:	16:23.15	40.00	2000m:	26:34.83		2750m:	36:48.06	40.89
	550m:	7:00.33	39.04	1300m:	17:03.90	40.75	2050m:			2800m:	37:29.05	40.99
	600m:	7:39.81	39.48	1350m:	17:44.84	40.94	2100m:	27:57.32		2850m:	38:09.85	40.80
	650m:	8:19.20	39.39	1400m:	18:25.37	40.53	2150m:			2900m:	38:50.63	40.78
	700m:	8:59.31	40.11	1450m:	19:05.08	39.71	2200m:	29:19.54		2950m:	39:30.67	40.04
	750m:	9:39.55	40.24	1500m:	19:47.43	42.35	2250m:			3000m:	40:07.72	37.05

SENIOR LD

Prueba 3, Fem., 3000m Libre, SENIOR LD

Clasificación

AN

Tiempo

1.	HERNANDEZ MARTIN, Nerea			03	C.N. Las Palmas			<b>37:52.96</b>			19,00	
	50m:	34.73	34.73	800m:	9:53.48	37.69	1550m:	19:23.64	38.35	2300m:	28:59.03	38.11
	100m:	1:10.60	35.87	850m:	10:31.15	37.67	1600m:	20:01.89	38.25	2350m:	29:37.49	38.46
	150m:	1:47.22	36.62	900m:	11:09.07	37.92	1650m:	20:40.04	38.15	2400m:	30:15.88	38.39
	200m:	2:24.11	36.89	950m:	11:46.93	37.86	1700m:	21:18.25	38.21	2450m:	30:54.36	38.48
	250m:	3:01.21	37.10	1000m:	12:25.00	38.07	1750m:	21:56.62	38.37	2500m:	31:32.76	38.40
	300m:	3:38.05	36.84	1050m:	13:03.25	38.25	1800m:	22:35.35	38.73	2550m:	32:10.78	38.02
	350m:	4:15.40	37.35	1100m:	13:41.36	38.11	1850m:	23:13.34	37.99	2600m:	32:49.01	38.23
	400m:	4:52.93	37.53	1150m:	14:19.51	38.15	1900m:	23:52.06	38.72	2650m:	33:27.75	38.74
	450m:	5:30.33	37.40	1200m:	14:57.62	38.11	1950m:	24:30.89	38.83	2700m:	34:06.87	39.12
	500m:	6:07.64	37.31	1250m:	15:35.70	38.08	2000m:	25:09.53	38.64	2750m:	34:45.93	39.06
	550m:	6:45.22	37.58	1300m:	16:13.52	37.82	2050m:	25:48.19	38.66	2800m:	35:23.87	37.94
	600m:	7:23.02	37.80	1350m:	16:51.63	38.11	2100m:	26:26.25	38.06	2850m:	36:02.10	38.23
	650m:	8:00.61	37.59	1400m:	17:29.64	38.01	2150m:	27:04.50	38.25	2900m:	36:39.44	37.34
	700m:	8:38.11	37.50	1450m:	18:07.44	37.80	2200m:	27:42.93	38.43	2950m:	37:16.48	37.04
	750m:	9:15.79	37.68	1500m:	18:45.29	37.85	2250m:	28:20.92	37.99	3000m:	37:52.96	36.48
2.	DE CASTRO URQUIOLA, Helena			04	C.N. Aguacan			<b>38:48.53</b>			16,00	
	50m:	35.65	35.65	800m:	10:09.11	38.23	1550m:	19:56.66	39.35	2300m:	29:46.60	39.08
	100m:	1:12.51	36.86	850m:	10:47.71	38.60	1600m:	20:36.38	39.72	2350m:	30:24.95	38.35
	150m:	1:50.04	37.53	900m:	11:26.47	38.76	1650m:	21:15.72	39.34	2400m:	31:03.66	38.71
	200m:	2:28.50	38.46	950m:	12:05.04	38.57	1700m:	21:54.78	39.06	2450m:	31:42.85	39.19
	250m:	3:06.46	37.96	1000m:	12:44.39	39.35	1750m:	22:33.70	38.92	2500m:	32:21.66	38.81
	300m:	3:45.48	39.02	1050m:	13:23.35	38.96	1800m:	23:13.61	39.91	2550m:	33:00.36	38.70
	350m:	4:23.74	38.26	1100m:	14:02.70	39.35	1850m:	23:53.01	39.40	2600m:	33:39.41	39.05
	400m:	5:02.18	38.44	1150m:	14:41.99	39.29	1900m:	24:32.07	39.06	2650m:	34:18.33	38.92
	450m:	5:40.36	38.18	1200m:	15:21.05	39.06	1950m:	25:11.36	39.29	2700m:	34:57.22	38.89
	500m:	6:18.88	38.52	1250m:	16:00.27	39.22	2000m:	25:51.05	39.69	2750m:	35:36.32	39.10
	550m:	6:57.18	38.30	1300m:	16:39.04	38.77	2050m:	26:30.09	39.04	2800m:	36:15.19	38.87
	600m:	7:35.70	38.52	1350m:	17:18.38	39.34	2100m:	27:09.33	39.24	2850m:	36:54.00	38.81
	650m:	8:14.01	38.31	1400m:	17:58.11	39.73	2150m:	27:48.60	39.27	2900m:	37:33.15	39.15
	700m:	8:52.33	38.32	1450m:	18:37.91	39.80	2200m:	28:27.98	39.38	2950m:	38:11.39	38.24
	750m:	9:30.88	38.55	1500m:	19:17.31	39.40	2250m:	29:07.52	39.54	3000m:	38:48.53	37.14